Bedgerabong School News


Student of the Week
Mrs Corke’s class
Week 2 - Clinton G - helping others in class and a super attitude in class.
Week 3 - Isabella B - working hard in Maths.

Mr Faulkner’s class
Week 2 - Harriet P - always choosing the right attitude and being there for others.
Week 3 - Mabel B - helping others learn marimba parts and a positive attitude and being there.

Home Reading

- **25 nights** - Dani K
- **100 nights** - Will M, Harry A, Rochelle I
- **125 nights** - Colby B, Jack J, Ethan B
- **150 nights** - Charlotte B, Harrison C
- **175 nights** - Henry E, Sean D, Austen B, Brooke McM

Kalari River Arts Festival

What a wonderful night. With the setting sun came the magical parade of lanterns. Not only were our students involved but so were some of our parents. The awaiting crowd across the lake sat mesmerized by the light show of giant dragons, giant fish and glowing worms. The children followed the trail to the main stage where they quickly prepared for the Drumming Up Country finale of the Kalari River Arts Festival. With flawless precision, the children delivered a wonderful performance along with their fellow musical cast of drummers, violinists, guitarists and percussionists. Congratulations and well done to all our performers and a special mention to our aspiring players - Tara, Katy and Karen.
Snake season
The current hot weather has brought out lots of wriggly creatures and quite recently we have had quite a few visitors to our school. It would be appreciated if all parents would please ensure that you speak to your children to reinforce the proper practice when you come across a snake. Move away from the area of the snake, and go and get a teacher. Please under no circumstances should children chase snakes.

School captains 2014
All current year five students are encouraged to apply for school leader or school captain positions 2014. School captain and school leader speeches will take place at our school assembly on Friday, 15th November. We will be voting for two captains and two school leaders for 2014. If any current year five students wish, they can rehearse their speeches with their class teacher. All students from kindergarten to year four in 2013 will get to vote. School captains and school leaders will be announced at our annual presentation night on Tuesday, 17th December.

Spring Fair and Market Day
For anyone who was able to join us for our inaugural Spring Fair, you’d have to agree that it was a wonderful day all ’round. The weather was kind to us, and with over 25 stalls or activities available, there was plenty to keep everyone entertained for the morning and afternoon. I’d really like to thank everyone who was involved in making this day a great success for our wonderful little school. It was great to see so many families involved in lots of different ways, from organising a stall, to helping out on the various stalls, or in other ways. We’d like to thank people who bought their goods to sell on a stall for the day, your involvement was much appreciated.

We’d also like to say a big thank you to Jemalong Station, Twynam who very generously sponsored our day, enabling us to hire a jumping castle for the kids for the day.

Without a doubt, the activity that created a lot of interest, as well as money for the day, was the DUNK the TEACHER/PARENT/BUS DRIVER/EX STUDENT contraption. To those of you who willingly (?) perched on the plank, thank you!!

With the day a great success, we hope to do have another Spring Fair and Market Day, at a similar time next year. Margot Rubie

Lower Class News
We are looking forward to welcoming the children attending our orientation days. Remember to pack some fruit for fruit break (this should be already cut up), a hat and a bottle of water.

Wk 4, 5, 6 & 7 - 9 to 11.10am
Tue 29 October, 5, 12 and 19 November - Fletcher, Eli, Samantha, Halle, Lizzy, Cooper
Thur 31 October, 7, 14, 21 November - Jack K, Jack K, Russell, Riley, Aaron

Wk 8 - 9 to 3.10pm
Tue 26/11/13 Fletcher, Eli, Samantha, Halle, Lizzy, Cooper
Thur 28/11/13 Jack K, Jack K, Russell, Riley, Aaron

Jump Rope for heart
Thank you for participating in our Jump Rope for Heart jump off day held in term 3. Congratulations to the kids who tried really hard to raise money. The total was just over $400.00. The children who raised these funds will receive their prizes soon.

School notes on the school website.
Each time we sent home a note with your child, we will also place a copy on our school website under the section "Notes". If you happen to misplace a note and need another copy feel free to download and print off a copy from there. Each of the notes will remain on the website until a week after that particular event has finished. http://www.bedgerebon-p.schoools.nsw.edu.au

Teddy Bears Picnic – 5th and 7th November. All infants bring teddy bears both days
**Nasi Goreng**

2 cups rice, 4 cups water, 1 tsp salt, ½ cup peanut or vegetable oil, 2 onions, chopped, ½ tsp dry shrimp paste (trasi or blachan), 1 clove garlic, crushed, 1 fresh chilli, seeded and sliced, 250 g beef, diced, 250 g pork, diced, 2 half chicken breasts, diced, 2 tbsp light soy sauce, 4 eggs

**Instructions**

Wash the rice in several changes of water. Bring the water to the boil, and then add the salt and rice. Reduce the heat, cover tightly, and simmer for 20–25 minutes. Uncover, and allow to get quite cold. It is a good idea to cook the rice the day before.

Heat half the oil in a large frying pan. First fry the onions, shrimp paste, garlic and chilli, stirring constantly, for 2–3 minutes. Add the beef and pork and fry until cooked, about 3–4 minutes. Add the remaining oil when necessary. Add the chicken and cook 2 minutes longer, then add the rice and fry, stirring constantly, until heated through and the rice is golden. Sprinkle with soy sauce and toss together well.

Fry the eggs individually, or prepare an omelette separately and cut into thin strips. Heap the rice on a serving plate and garnish with the eggs or omelette strips.

Return chicken to pan and add the carrots. Bring to the boil, reduce heat to low, cover and simmer for 15 minutes or until chicken is tender and cooked through. Add extra kecap manis, if desired. Serve with steamed rice.

**Beef rendang (rendang daging)**

2 onions, 6 garlic cloves, 1 tbsp finely chopped ginger, 500 ml (2 cups) coconut cream, 1 tsp ground turmeric, 1 tsp chilli powder, 6 bay leaves, 2 tsp ground coriander, 1 stalk lemongrass or 1 strip lemon rind, 1.5 kg beef chuck, blade or round steak, thinly sliced into strips, celery, carrots, tomatoes, 2 tsp caster sugar, steamed white rice, to serve

**Instructions**

Place the onions, garlic, ginger and 125 ml of the coconut cream into a food processor and process until smooth. Pour into a large saucepan and add remaining 375 ml coconut cream. Add turmeric, chilli powder, coriander, bay leaves and lemongrass, stirring to combine. Add the meat and bring to the boil.

Reduce heat to medium, and simmer until sauce has thickened, stirring occasionally. Reduce heat to low and continue simmering, stirring frequently to ensure the mixture does not stick to the pan. When the oil starts to separate, add the sugar, carrots and celery and stir until sugar is dissolved cook until vegetables are cooked. Serve with rice.
School Spectacular update
All is well underway with preparation for the school spectacular. The kids have got quite a few songs under their belts but will still need to keep to the rehearsal timetable. Given Mr Faulkner’s injury, Mrs Faulkner will now indicate to the group which days they will need to stay behind after school and practice. We are also asking for second/ final payment for the excursion to Sydney for the School Spectacular. Please forward any outstanding payments to Mrs Horan in the office before the end of next week. If you have any concerns over this request please feel free to contact the school for support.

Thank you for the support
As many of you would be aware, early last week I had a slight mishap at school and ended up having my bicep tear away from my elbow. I required surgery in Orange Base Hospital to reattach the tendons and muscle to the bone and have now been directed to take time off work until the injury heals properly. In the meanwhile Mrs Faulkner will fill in for me. As usual if you have any concerns about your child at school you should continue to approach your child’s class teacher first. If unresolved you can then make an appointment to meet with Mrs Faulkner to find a resolution to your issue. I really want to thank everyone that has offered their support and understanding with this situation. I also want to quickly thank all of the wonderful people who helped unpack, move and repack the marimbas last Saturday night - that was WONDERFUL. Hopefully I will be able to make a speedy recovery and quickly return to work. Cheers - Paul Faulkner

Barrick Buddies
Thank you to Tony and Janelle McManus who recently completed 25 volunteer hours on behalf of Bedgerabong P&C. Barrick Gold management has kindly donated $500 in recognition of their participation.

Welcome
A special welcome to Mrs Sarah Newell. Sarah is a student teacher from the University of New England and will be with us for the next 4 weeks. She will be working with Mrs Corke and the infants class.

RAW Art Program
This year we will again have a RAW Art workshop take place at school. The children had a wonderful time last year creating clay birds and totems, mambo designs and animal paintings. A minimal cost of $5 per child/$10 per family will be required to help subsidise the event. The children will of course be able to take their artworks home. A note will be sent home next week with further details.

Spring Fair and Market Day
Rotary Ipomoea 3rd Christmas Tree Festival
Friday 6th and Saturday 7th December at the Forbes Town Hall. Make an entry! Come along and view the beautiful handmade Christmas trees and nativity scenes. Entry is open to all ages - category prizes for most creative Christmas Tree and Nativity Scene entries. A popular vote will also take place throughout the festival. Friday 6th Dec, 6pm (Official Opening) and Saturday 7th Dec, 9am to 5pm. For more info and to register an entry contact Sue-anne 6851 5197(ah), Helen 6851 4930(ah) or Julie 6851 4419.

Sport and Rec swim and survive
Australian summers usually involve plenty of fun in and around the water, but no parent can forget how important it is to make sure children stay safe. Sport and Recreation’s Swim and Survive classes for preschoolers and school-aged children help youngsters learn important ways to be safe and enjoy our pools, rivers, beaches and lakes.

The intensive nine-day programs give wonderful results, and are great fun as well! Plus, family discounts make our program affordable for all the children in the family. Sport and Recreation runs Swim and Survive classes in pools throughout regional NSW, including Forbes.

Our instructors are nationally qualified and screened for their suitability to work with children.

Prices for nine lessons are $65 for school-aged children and $47 for preschoolers (prices exclude pool entry fee).

Bedgerabong Playgroup
Bedgerabong Playgroup is again up and going. Playgroup meets fortnightly on Thursday mornings from 10am until midday. Playgroup is held in the kitchen at the school. This is a great opportunity for the kids to become familiar with the school environment and become involved with some activities within the school. So if you are a mother, father or carer who has children under school age, come along and enjoy a morning filled with craft activities, in & outdoor play, entertainment for the kids and some catching up.

Dates for playgroup are - 7th Nov, 21st Nov and 5th Dec. Cost is $3 per family, you will need a hat for outside play, some fruit or a healthy snack for the kids to share for morning tea. For more info contact Anita Cantwell 6896 4281.

Disclaimer
As a service to the community, we will advertise events that may be of interest. Bedgerabong Public School does not endorse or sponsor the events and accepts no responsibility for the management or organisation of these events. Any items of community news can be forwarded to Bedgerabong School and will be included in the fortnightly newsletter distributed community wide.
FREKY FACTS
Democracy began 2500 years ago in Athens, Greece.
Leonardo da Vinci invented an alarm clock that woke you by tickling your feet.
Early Greeks and Romans used dried watermelons for helmets.
Karate originated in India, but was developed further in China.

Giggle Spot
Last semester I took macroeconomics and didn't have a clue what I was doing (as cited on the final exam). There were 80 multiple choice questions. Not having any idea of any answers I decided to choose the letter "A" for everything. The following day, the professor asked to see me after class. "Is everything okay?" "Sure," I said, "why? "Well, here's your test," he said and handed me a piece of paper that was covered with red ink. "Can you explain why you chose an 'A' for everything?"

Knowing that there was nothing I could do at this point, I said, "Well, I've always wanted to be an 'A' student."

QUOTE OF THE WEEK
"After all is said and done, more is said than done." Aesop

Happy Birthday to these recent and upcoming party goers.

13 Oct Sam S 18 Oct Sean D
17 Nov Will M 23 Nov Harriet P

Upcoming Dates for your Diary
7 Nov 2013 Playgroup 10am - 12 noon
14 Nov 2013 Raw Art workshop
21 Nov 2013 Playgroup 10am - 12 noon
27 Nov 2013 Schools Spectacular - Leave
1 Dec 2013 Return from School Spec
2 Dec 2013 School Swimming Scheme
17 Dec 2013 Presentation Night
18 Dec 2013 Last Day - students

Those recipients of the 2012 perpetual trophies please return the trophies to school as soon as possible.

2013 school term dates
Term 3 15-7-13 - 20-9-13  Term 4 8-10-13 - 20-12-13
2014 school term dates
Term 1 28-1-14 - 11-4-14  Term 2 28-4-14 - 27-6-14
Term 3 14-7-14 - 19-9-14  Term 4 7-10-14 - 19-12-14

Mrs Faulkner
30 October 2013