Students of the Week

**Student of the Week**

**Mrs Corke’s class**
Week 8 - Jeremy D - positive attitude in class.
Week 1 - Patrick B - Being there for others and a very cheerful manner.

**Mr Faulkner’s class**
Week 8 - Emily T - Positive attitude towards all classwork.
Week 1 - Julia C - working well in class.

**Home Reading**
- 50 nights - Laura P,
- 75 nights - Ethan B, Harrison C, Sam S, Harriet S
- 125 nights - Charlie P.

**Musica-Viva**
The visit last term from Musica Viva was another musical spectacular. The band ‘Mara’ impressed us all with the variety of instruments, singing skills and dancing. The knowledge about different cultures and different folk songs were also shared. It was great to see everyone getting so actively involved and enjoying the performance. As always there were some lovely comments about our wonderful kids. Super effort everyone!
**Small Schools Soccer Match**

In our last newsletter we had promoted the small schools soccer match that was to be played against Wyalong Public School. Well, if you weren’t able to attend the game you certainly missed a nail-biter. The Bedgerabong kids started out on the front foot scoring a goal in the first 10 minutes and taking every chance they could to stay ahead of Wyalong, which they did right up until the half time whistle, with the score 1-1 at half time. After a quick break and some magic oranges the kids went back out and started the second half the way they had started the first scoring another quick goal and continued to threaten to score another, but as luck would have it- Wyalong once again scored on the whistle to make it a 2-2 score line and forcing extra time. After a full game both sides were tiring but did their very best to attempt to get ahead, but unfortunately time ran out and the game was still 2-2. The referee then had to award the game to Wyalong based on the number of corner kicks they had received. Great efforts by the Bedgerabong kids.

**Debating**

Last term on Tuesday 25th June Bedgerabong Public School hosted the Central West debate against Eugowra. Bedgerabong was the affirmative team “Books are better than movies”. We were grateful to Mrs Laure Hull who was the adjudicator on the day. Congratulations to Brooke McM, Henry E, Lilyanne C and Charlie P who were the winning team. GOODLUCK Bbong team at the next debate against Forbes North PS.

**Hot Food**

Hot food is available on Mondays. Pies - $3, sausage Rolls - $2, mini pies - $1. Orders must be in by Friday, they can be brought to school any time though the week and placed in the basket. **Late orders on Monday will be held off until the next week - not used on that day.**

**CWA Morocco Posters**

Every year in term 1 the primary class spend time researching a country. As well as learning about new cultures and exotic lands, the children submit a poster as a culmination of the study. This coincides with the C.W.A Poster competition. A different country is selected each year for the children to learn about. This year the country chosen by the C.W.A was Morocco. Congratulations to all the children for the effort they put into their posters and well done to all of the following award recipients.

- Year 4: 2nd Clementine S.
- Year 5: 1st Jacinta McMS, H/C Charlie P
- Year 6: 1st Lilyanne C, H/C Mabel B, Brooke McM.

**School Uniforms**

A reminder to everyone that we do have a uniform policy here at Bedgerabong that includes a no-hat no play section. In the past we have been able to loan hats, unfortunately all of the hats that we had to pass out have disappeared so we can no longer do this. Please ensure you child is dressed per our uniform and also has a hat to wear at school each day. (yes green beanies are acceptable during the winter)

**The Ultimate Spectacular**

A group of our students had the opportunity to perform at the Ultimate Spectacular in Orange just before the holidays. The Ultimate Spectacular was a showcase of Western Region talent to celebrate the career and achievements of our long standing Regional Director of Schools, Mrs Carole McDiarmid. Mrs Faulkner, Mrs Horan and some very lovely parents took the kids over to Orange and helped them set up for their performance, and perform they did. At the social function later that evening I was very proud to hear all of the wonderful reviews that were praised on our kids and the very positive comments about their performance. Another great effort by our kids to promote Bedgerabong. Well done kids and thanks to Mrs Faulkner, Mrs Horan, Mrs Rubie and Mrs Brockmann.

**Welcome**

Over the past 3 school weeks we have seen the arrival of 6 new students to our school community. I’d very much like to welcome Maddy & Chloe and their family along with Alex, Amy, Phillip and Matthew and their family to Bedgerabong. Our student enrolment has now hit 44!
**Life Education**

Healthy Harold will be visiting us on Wednesday, 7th August. Barrick has kindly donated funds to cover any costs to our students visiting the Van, but we still require your permission for your child/ren to attend. Please ensure that you have returned the permission note before Monday 5th August. Anyone wishing to purchase any souvenirs will also need to have their orders in by that date. Please note that due to the Life Education Van’s visit on that Wednesday, our Tootie Fruity lunch will be on the Tuesday of that week.

**P&C Update**

Thankyou to everyone who was able to attend our P&C meeting on Monday afternoon. Just a couple of P&C activities that are coming up this term and at the beginning of next term, in terms of fundraising.

1. **Hot Food Roster for Term 3**

   Thankyou to the families who were able to help with setting up the hot food each Monday morning during last term, very much appreciated.

   Below is the roster for this term. If you are unable to do your week, try and organise a swap, or phone Margot (0268572118).

<table>
<thead>
<tr>
<th>Date</th>
<th>Person Rostered on</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 22nd July</td>
<td>Sally S</td>
</tr>
<tr>
<td>29th July</td>
<td>Anita C</td>
</tr>
<tr>
<td>5th August</td>
<td>Tara B</td>
</tr>
<tr>
<td>12 August</td>
<td>Jackie D</td>
</tr>
<tr>
<td>19th August</td>
<td>Karen S</td>
</tr>
<tr>
<td>26th August</td>
<td>Janelle McM</td>
</tr>
<tr>
<td>2nd September</td>
<td>Michelle A</td>
</tr>
<tr>
<td>9th September</td>
<td>Nicole P</td>
</tr>
<tr>
<td>16th September</td>
<td>Nadine M</td>
</tr>
</tbody>
</table>

2. **Bedgerabong Show Donut Stall**

   Just a reminder that the P&C will be holding a donut stall again at this year’s Bbong Show, Saturday 17th August, as another fundraising opportunity. It will be in the same spot as last year, next to the bar. We have organised a roster (see attached), to share the load of doughnut making, serving etc. If you have any problems with your time slot on the roster, organise a swap, or let Margot Rubie know (Ph: 0268572118/ 0428572118).

   **TIME**

<table>
<thead>
<tr>
<th>TIME</th>
<th>SERVING and BBQ</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.30-9.30</td>
<td>Rubie family Brockmann family</td>
</tr>
<tr>
<td></td>
<td>Sweetland family</td>
</tr>
<tr>
<td>9.30-10.30</td>
<td>Stewart family Karaitiana family</td>
</tr>
<tr>
<td>10.30-11.30</td>
<td>Brown family Darcy family</td>
</tr>
<tr>
<td>11.30-12.30</td>
<td>Earney family Thompson family</td>
</tr>
<tr>
<td>12.30-1.30</td>
<td>Alcom family Durham-Pout family</td>
</tr>
<tr>
<td></td>
<td>Dance family Bird family</td>
</tr>
<tr>
<td>1.30-2.30</td>
<td>Isbester family Peters family</td>
</tr>
<tr>
<td></td>
<td>McManus family</td>
</tr>
<tr>
<td>2.30-3.30pm</td>
<td>Rubie family Sweetland family</td>
</tr>
<tr>
<td></td>
<td>Brockmann family</td>
</tr>
</tbody>
</table>

3. **Bedgerabong School Fair and Market Day**

   At our P&C meeting on Monday, we decided to have a Spring School Fair and Market day, where people can hire a stall site to sell goods. We also thought it would be a great opportunity to maximise our fundraising efforts and make it a fair as well. We are planning to hold this on Saturday 19th of October (2nd Saturday back after the next holidays).
Bedgerabong Community Notice Board

**Bbong Alive**
Bbong Alive will be on again Tuesday 30th July. Please remember to send your child with a note if they are attending.

**Bedgerabong PA&H Assoc**
With the Show just 4 weekends away we will be having 3 working bees on Sunday's starting at 10am with a BBQ lunch provided and a few drinks at the conclusion of the day. A short meeting will be held at lunch time as well. Working Bees start this Sunday.

**Pullets for sale**
Reika Hoswell has for sale 8 pullets, these are sisters to the school chooks - so they will be good layers. Our chooks at school are laying an egg a day at the moment. If interested please phone Reika on 6857 2139.

**Wirrinya Wags “Red Faces”**
Date: Saturday 10th August
At: Forbes Golf Club (Upstairs)
Time: 7.30pm
Cost: $20 per person
B.Y.O. Nibbles
Tickets on sale at Painted Daises
Tables of 10
All proceeds to Wirrinya Progress Association and Wirrinya Aquatic Club.

**Morocco winners**

**Talent Quest pics**
Tootie Fruity

Just a quick note to remind everyone that we do have the Tootie Fruity program running each week, usually on Wednesdays. There is a cost involved in this activity that covers the cost of tuition and the cost of the materials/ingredients. It is a cost per family, not per child and works out not just being a cheap meal for your child, but a great opportunity to develop healthy eating habits and cooking skills. It is also cheaper for you if you are able to pay up front rather than on a weekly basis. As we now have over 40 students in the school our lunchtime is very, very cosy in the kitchen, so we may not always be able to seat everyone at a table. Priority will of course, go to those who have contributed their levy. In the past we have been able to make a sandwich or something for those who have not contributed and forgot to bring any lunch, but with the large number of students now, that will have to stop. Please ensure your child has some lunch if they are not participating in Tootie Fruity.

This terms theme will be very Asian, lots of noodles and Asian flavours. Our garden is abound with beetroot, celery, broccoli, carrots and Asian cabbages so we are using lots of fresh produce, as well as fresh eggs from our wonderful hens.

Beef Chow Mein

1 tablespoon vegetable oil, 1 medium brown onion, chopped, 2 garlic cloves, crushed, 600g beef mince, 1 carrot, peeled, halved, thinly sliced, 1 tablespoon plain flour, 1 cup beef stock, 350g packet fresh chow mein noodles, 1 head broccoli, cut into florets, 1/2 cup chopped celery, 2 tablespoons soy sauce, 1/4 cup oyster sauce

Method

Heat oil in a frying pan over medium-high heat. Add onion and garlic. Cook, stirring, for 3 minutes or until onion has softened. Add mince. Cook, stirring with a wooden spoon to break up mince, for 8 to 10 minutes or until browned and cooked through.

Add carrot. Cook, stirring for 5 minutes or until carrot starts to soften. Add flour. Cook, stirring, for 1 minute. Stir in stock. Season with pepper. Bring to the boil. Reduce heat to medium-low. Simmer, stirring occasionally, for 10 minutes or until sauce thickens slightly.

Meanwhile, place noodles in a heatproof bowl. Cover with boiling water. Set aside for 3 to 5 minutes or until tender. Drain.

Add broccoli, peas, soy sauce and oyster sauce. Cook, stirring occasionally, for 3 minutes or until broccoli is just cooked and peas are tender. Add noodles. Toss to combine. Serve.

Mini chicken meatloaves with plum sauce

Olive oil spray, 650g chicken mince, 70g (1 cup) fresh white breadcrumbs (made from day-old bread), 1 carrot, peeled, grated, 1 stick celery, chopped finely, 4 shallots, trimmed, thinly sliced 2 tsp grated fresh ginger, 1 tsp Chinese five spice, 60ml (1/4 cup) plum sauce.

Method

Preheat oven to 180°C. Spray eight 185ml (3/4-cup) capacity mini loaf pans with olive oil spray to lightly grease.

Place the mince, breadcrumbs, carrot, celery, shallot, ginger, five spice and 2 teaspoons of the plum sauce in a large bowl. Season with salt and pepper. Stir until well combined.

Divide the mixture among the prepared pans and smooth the surface. Brush the tops with the remaining plum sauce. Bake in oven for 20 minutes or until the juices run clear when a skewer is inserted into the centres. Set aside in the pans for 5 minutes to cool slightly. Carefully remove the loaves from the pans.

Serve warm or cold with roast beetroot and extra plum sauce, if desired.

Roast Balsamic Beetroot and Onion

6 small beetroot, scrubbed and cut into quarters, 4 small red onions, base intact, cut into quarters, 2 tablespoons balsamic vinegar, Zest and juice ½ orange, 2 tablespoons brown sugar 2 tablespoons olive oil, 1 tablespoon thyme, Ground black pepper, Sea salt flakes

Method

Preheat oven to 180°C. Cut beetroot and red onions into quarters. Combine vinegar, juice, zest, oil, thyme and pepper. Toss through with beetroot and onion in a baking dish. Bake for about one hour.
FREAKY FACTS
Men sweat 40 per cent more than women do.
The average person laughs 15 times a day.
During your life, you will eat an average of 70 insects and ten spiders while sleeping.

**Giggle Spot**

Q: What did the skeleton sing on the motorcycle?  A: Bad to the bone...

Q: If you had 5 oranges in one hand and 5 pears in the other hand what would you have?
     A: Massive hands

Q: What do you call two banana peels?  A: A pair of slippers

**QUOTE OF THE WEEK**

“What we must decide is how we are valuable rather than how valuable we are.” ~Anon

Happy Birthday to these recent and up coming party goers.

- 6 Jul  Jasmine P
- 7 Jul  Jacinta McM
- 8 Jul  Colby B
- 17 Jul  Patrick B

**Upcoming Dates for your Diary**

- 25 July 2013  Lantern Making workshops
- 30 July 2013  B’bong Alive
- 2 Aug 2013  Lachlan PSSA Athletics
- 15 Aug 2013  Wellington Eisteddfod – K-6
- 17 Aug 2013  Bedgerabong Show
- 20 Aug 2013  Bookweek Celebrations- Open Day. Read Across the Universe
- 27 Aug 2013  B’bong Alive
- 30 Aug 2013  Western PSSA Athletics
- 5 Sept 2013  Dental visit
- 18 Sept 2013  Canberra Excursion
- 20 Sept 2013  End Term 3

Mr Faulkner
24 July 2013

2013 school term dates

| Term 3 | 15-7-13 - 20-9-13 | Term 4 | 8-10-13 - 20-12-13 |