Characters come alive

Student of the Week

Mrs Corke’s class
Week 6 – James T – Improvement in writing and application to work.
Week 7 – Will C – completing all set tasks.

Mr Faulkner’s class
Week 6 – Sean D – excellent work effort in Maths.
Week 7 – Daryl G – working well in class. Pop Maths Queen

Home Reading

75 nights – Jasmine P
100 nights – Ethan B, Jack J, Sam S, Harriet S
125 nights – Austen B
150 nights – Clementine S, Campbell R, Mabel B, Lilyanne C, Henry E.

Congratulations to Clem, Harry, Mabel and Matthew who did so well at last week’s Western Region Athletics carnival in Dubbo. The warm weather didn’t have much of an effect on the kids as they headed into the heats of the Nigel Bagley PPS small schools relay. The kids took all of Maree Hodges’ coaching advice on board and with slick change overs, ended up placing 2nd in their heat recording a 4 second improvement over their qualifying time in Parkes. Then in the final, Harry got off to a blistering start, passing on to Clem who had to do the hard yards down the back straight into a strong headwind. Mabel took the 3rd leg around the bend (“it’s funny running around a bend, you kinda want to fall over”) to hand off to Matthew for the final leg. Matthew made up many lengths in his section and the kids were able to be placed 4th in the final taking another 2 seconds off their time. That was a great effort from the kids in always doing their best, and making improvements as a result. As an aside I am very proud to say that I received numerous comments from officials who were very impressed with the Bedgerabong kids manners, positive attitude and enthusiasm. Great work kids!
Kalari-Lachlan River Arts Festival
Each year we elect to support one community event. This year we are supporting the Kalari-Lachlan River Arts Festival. Our Primary kids have made lanterns and are able to participate in the lantern parade. We have also been included as a major part of the musical celebrations. This is primarily focussed on students in the big class playing several, quite simple marimba songs. Infants students are more than welcome to elect to join in but will be required to be involved in some practise. We would also be very happy to include any mums, dads, grandmas, grandpas or friends that are keen to be involved. Even Mr Faulkner will be playing. The Festival will be held on Saturday 26th October 2013 at Forbes late in the afternoon. A note with more explicit details should have been sent home with students this week.

Canberra Excursion
Wow- it’s getting close now. The Canberra excursion is planned for the last 3 days of this term. All payments should have been finalised by now and the kids permission and medical forms should have been received. Unfortunately when the excursion was planned and booked we only had the capacity to take a set number of students. Those students who have not elected to go will have a chance to participate in Mrs Corke’s farm excursion on the last day of term.

Lower Division News
K-2 have been working hard during Maths lessons. It has been very interesting learning about three and two dimensional shapes. As part of this unit we have used our iPads to investigate different shapes, draw shapes and make shapes with a variety of concrete material.

During Art the focus has been on the changing seasons. We have used popcorn to represent the new blossoms and painted spring flowers to be aware of their changing world around them.

We have been working hard in HSIE to investigate the community helpers. We look forward to listening to the speeches on Tuesday 17th September where each student will be presenting a speech about a community helper.

Great work everyone!

Jump Rope for Heart
Heart Foundation Jump Rope for Heart is all about learning how to keep fit and healthy. It improves your strength and confidence in physical activities and builds healthy bones and muscles. You can have lots of fun with your class mates and play lots of skipping games too. At the same time you will be helping save Australian lives by asking family and friends to sponsor you for being a part this fun program. Funds raised go towards research to help the fight against heart disease and stroke.

This year we will be holding the jump off day for jump rope for heart on Friday 13th September.

P&C Update
Bedgerabong School Fair and Market Day
At our P&C meeting on Monday, we decided to have a Spring School Fair and Market day, where people can hire a stall site to sell goods. We also thought it would be a great opportunity to maximise our fundraising efforts and make it a fair as well. We are planning to hold this on Saturday 19th of October (2nd Saturday back after the next holidays).

Term 4
Don’t forget that term 4 starts on Tuesday 8th October due to the Labour Day holiday on Monday 7th October.
Tootie Fruity

Tootie Fruity - change of days for the next 2 weeks.

We have had to change the day for Tootie Fruity for the next two weeks of school to avoid clashes with other school commitments. So please be aware that **TOOTIE FRUITY WILL BE ON TUESDAY for the REMAINDER OF THIS TERM.**

Chicken Pad Thai

Serves 4

**Ingredients**

- 250g thai-style rice noodles (pad thai),
- 2 Tbs peanut oil,
- 4 eggs, lightly beaten,
- 3 garlic cloves, crushed,
- 2 tsp chilli garlic sauce,
- 1 onion, halved, thinly sliced,
- 1 chicken breast fillet, sliced,
- ¼ cup (60ml) lime juice, plus wedges to serve,
- 2 Tbs fish sauce,
- 1 Tbs grated palm sugar or brown sugar,
- 3 green onions (shallots), sliced on the diagonal,
- ⅓ cup (45g) unsalted peanuts, roasted.

**Method**

Prepare noodles according to packet directions. Drain and rinse under cold water. Drain again and set aside.

Meanwhile, heat 2 teaspoons of oil in a wok on high. Add egg and swirl to coat sides. Cook for 30 seconds, until set. Slice and set aside.

Heat remaining oil and stir-fry garlic, chilli sauce and onion for 1 minute. Add chicken and cook for 4 minutes, until cooked through. Add noodles and combined lime juice, fish sauce and palm sugar to heat through. Toss through egg and green onion. Scatter over peanuts and serve.

Chinese Chicken Omelette

**Ingredients**

- 12 eggs,
- 4 mushrooms, diced,
- 4 shallots, diced,
- ½ red capsicum, chopped,
- ½ cup diced bacon,
- 1 teaspoon soy sauce,
- ½ teaspoon ginger spice,
- ½ kg shredded cooked chicken

**Sauce**

- 1 teaspoon cornflour,
- 2 chicken stock cubes,
- ½ teaspoon ginger spice,
- 1 cup water,
- 2 teaspoons soy sauce

**Method**

**Omelette:**

Fry all omelette ingredients in a large frying pan, except the eggs and soy sauce. Remove from pan and divide into three equal portions. Whisk eggs, add soy sauce and whisk again. Divide egg mixture into three equal portions. Return one portion of fried ingredients to pan and reheat. Pour over 1 portion of egg mix. When egg mix looks cloudy roll omelette and tilt onto plate. Repeat with remaining two portions.

**Sauce:** Mix all ingredients and heat until thick. Pour over each omelette.

Garden Update

Our beetroot, cabbage and carrot will be harvested this week. The beetroot will be made into Beetroot and Orange chutney and will be available for sale at school. This chutney is great on biscuits with cheese and coming into the celebrating season this would be a great addition to any barbecue plate. The carrots and cabbage we will use in our weekly cooking. There is a limited amount of Swiss Chard for sale if anyone would like to buy some. It will be $3 a bunch, you can come and pick it yourself or order it through school and we will send it home with the kids.

**Tootie Fruity Term 4**

Payments for term 4 will be the same as for Term 3, those that pay up front will pay $50 per family and those that choose to pay by the week will pay $8 per week. Tootie Fruity will be continued for the whole term even during swimming. The children will prepare the food before going to the pool to be able to eat it at the pool. This year the children will again do a gingerbread item to be auctioned at Presentation Night, at the moment they will probably construct a gingerbread train full of goodies.

Payment for term 4 can be made now if you wish, if not don’t forget to send money the first day of term 4 as cooking will be held on the first Wednesday.
**Bookweek Parade**

Thanks so much to everyone that was able to come and support the kids last week for their Book Parade. We were very lucky to have a visit from Book Bob who was very impressed with the kids costumes and enthusiasm for reading and I’m pretty sure Book Bob would have also been impressed with the cake and morning tea as well. We had a variety of wonderful costumes and Mrs Sams found it very difficult judging the awards for each of the sections, but those fortunate ones who were selected were – Preschool – Lizzie S, Stage 1- Harriet S and Will M, Stage 2 – Julia C and Daniel S, Stage 3 – Rochelle I and Matthew P. The Colouring in results were: Kindergarten – Colby B, Year 1 – Airlie B, Year 2 – James T, Year 3 – Campbell R, Year 4 – Clementine S, Year 5 – Harry A, Year 6 - Mabel B
Bedgerabong Community Notice Board

Bedgerabong Community Trust meeting
The Bedgerabong Community Trust will hold its September meeting on Monday 16th September. Submissions are now available from the school.

Forbes Town & District Band
130th anniversary concert, Sept 14th 2013 6pm @ Forbes sports and rec club Combined concert band Gold coin donation at door

ESS (A) English Soccer Schools & Roller Skating Spring Holiday Program Timetable
3-5 yrs Nipper Roo Soccer Program is One hour daily ($5).
6-9 yrs Soccer Development program is 2.5 hours x 2 days ($40 includes kit, drinks, refreshments).
10-14 yrs Soccer Development and Advance program is 2.5 hours x 2 days ($40 includes kit, drinks, refreshments)

Bookings for Soccer Coaching Clinic is limited to 12 players per Program. English Soccer Schools
Registration: Phone: 68516199, Mob: 0412287810, Email: englishssaustralia@yahoo.com.au
Location: Forbes Indoor Sports Centre, 42 Sam St, Forbes.

Roller Skating Disco Daily from 1-2.30pm, $5 per person.

September/ October School Holidays Vacation Care Program
Forbes Shire Council vacation care program is now taking registrations. The program will operate between Monday 23 September and Friday 4 October 2013, 8:30am-5:30pm at the Forbes Youth & Community Centre. Cost is $40 per day. CCB is available to eligible families. Loads of fun activities to do and excursions to go on. For further information please contact Natalie Walker on 6850 2300 or access our program and registration forms on our website www.forbes.nsw.gov.au or like us on FACEBOOK at Find It in Forbes to view our program.

Spectacular Screenings movie event- Paranorman (PG)
Friday 13th September 2013
Forbes Youth & Community Centre
Doors open at 6pm. Movie to start 6:30pm
Cost: $2
Spectacular Screenings are again holding a fabulous family event on Friday 13th with the screening of “Paranorman” (PG) at the Youth & Community centre. Cost is $2 to enter and there will be some fantastic prizes to be won on the night with best dressed. So get out the dress up costumes and come along and have some fun. Contact: Natalie Walker 68502300

Wirrinya Family Picnic Day
Sunday September 22nd, Starting 10.00am at ‘The Shed” Wirrinya. Free Entry. Canteen and BBQ operating all day. Bring your chairs and shade tent. Age Races starting at 10.30am, Billy Boil, Tug-a-war, Gum Boot races, Novelty events and much more. Major raffle on the day – iPad.

Disclaimer
As a service to the community, we will advertise events that may be of interest. Bedgerabong Public School does not endorse or sponsor the events and accepts no responsibility for the management or organisation of these events. Any items of community news can be forwarded to Bedgerabong School and will be included in the fortnightly newsletter distributed community wide.
FREAKY FACTS
A camel can drink up to 136 litres of water at one time.
The embryos of tiger sharks fight each other while in their mother’s womb. Only the survivor is born.
Orang-utans protect their territory by burping loudly to warn off intruders.
Walruses turn pink if they stay out in the sun too long.

Giggle Spot
ELECTION RESULTS: When you rearrange the letters: LIES - LET'S RECOUNT
ELEVEN PLUS TWO: When you rearrange the letters: TWELVE PLUS ONE

QUOTE OF THE WEEK
“Success is not final, failure is not fatal: it is the courage to continue that counts.”
Winston Churchill.

Happy Birthday to these recent and up coming party goers.

3 Sept  Mabel   8 Sept  Ryan
11 Sept  Matthew 17 Sept  James
26 Sept  Austen

Upcoming Dates for your Diary
5 Sept 2013   Dental visit
13 Sept 2013  Jump Rope
17 Sept 2013  Lower Division presentations
18 Sept 2013  Canberra Excursion
20 Sept 2013  End Term 3
8 Oct 2013    School resumes Term 4
19 Oct 2013    Spring Fair & Market Day
26 Oct 2013   Kalari-Lachlan River Arts Festival
29 Oct 2013   Bbong Alive
27 Nov 2013  Schools Spectacular
2 Dec 2013   School Swimming Scheme
17 Dec 2013  Presentation Night
18 Dec 2013  Last Day - students

2013 school term dates
Term 3  15-7-13 – 20-9-13  
Term 4  8-10-13 – 20-12-13

2014 school term dates
Term 1  28-1-14 – 11-4-14
Term 2  28-4-14 – 27-6-14
Term 3  14-7-14 – 19-9-14
Term 4  7-10-14 – 19-12-14

Mr Faulkner
4 September 2013