Small schools are great schools

Student of the Week
Mrs Corke’s class
Week 6 – Aaron T – choosing a positive attitude
Week 7 – Bridie H – always smiling

Mrs Faulkner’s class
Week 6 – Kate S – quiet and conscientious worker. Well done
Week 7 – Harriet S – above and beyond

Mr Faulkner’s class
Week 6 – Jasmine P – positive attitude
Week 7 – Sophie W – terrific attitude and work ethic

Reading Awards

Upcoming Dates for your Diary
19 Mar  Lachlan PSSA soccer trials (Open)
19 Mar  Lachlan PPSA League trials (11’s & open)
27 Mar  Movie Night – supper 6.30pm
30 Mar  Community Trust meeting
2 Apr    Easter Hat parade /Last Day term 1
20 Apr  Staff Development Day term 2
21 Apr  Students resume term 2
25 Apr  ANZAC Parade - Forbes
Western swimming results
Congratulations to our swimmers, Austen B, George M, Harriet P, Campbell R, Sophie W and Laura P on their tremendous efforts at the recent Western PSSA swimming trials in Dubbo. All of the kids swam extremely well, posting many PB’s and I am very proud to announce that we have had one student successful in selection to the western squad to compete at the NSW PSSA swimming championships at Homebush. Congratulations to Laura P who will compete in the 13 yr girls 50m freestyle. We wish Laura all the best for this tremendous experience.

Notes for changes in the afternoon
Thank you so much to all of the people who have been able to help this out by picking up their children and parking outside of the school gates. Just a quick reminder that any changes to afternoon routine such as children staying behind to be picked up or be put on another bus will only be approved or actioned if we have a written note. Otherwise the usual routine for all children will apply. This is especially important when we have P&C meetings. Mr Faulkner

NRL skills development workshop
We were very fortunate last Monday to have a visit from NRL development officers Alex and Mick who came to visit us to put the kids through their paces in some very simple rugby league skills. It looked as if all of the children had a great time learning something new and came away with a brand-new football. I would like to thank Alex and Mick for their care and patience in working with our kids and for taking the time to visit Bedgerabong. Mick and Alex also worked with the children who are going to play rugby league competition next Tuesday in Peak Hill. We wish them all the best for this fun event. Mr Faulkner

ANZAC
Each year a small but dedicated group of students and their families represent Bedgerabong School at the local Forbes Anzac day parade. As it is the Centenary of Anzac I thought it would be wonderful if we were able to coordinate a larger group to march this year. I think it would be great if anyone who would be available on Saturday 25th April were able to join us. I would especially encourage our senior student leaders and captains to attend. Students marching are to wear the full winter uniform. We are also more than happy to have any mums or dads, grandpas grandmas etc that have served or would like to march with us. Mr Faulkner

Soccer skills
Congratulations to our most recent Lachlan PSSA representatives, Chloe K, Clementine S and Austen B on the selections in the Lachlan PSSA girls and boys soccer squads to compete for selection at the Western PSSA soccer trials early next term.
Movie night
As mentioned at last Monday's P&C meeting we have planned a family movie night at school on Friday 27th of March. This is designed to congratulate the kids on their wonderful behaviour so far this term and to say thanks to our school community for the support you constantly show. Mrs Horan and the kids will prepare a light supper for anyone interested and we will serve that at 6.30pm with the movie screening at 7.20pm. The menu will consist of pumpkin soup, vegetarian sausage rolls and salt and pepper chicken. Please be assured that we will survey the children to see what current movies are of interests and ensure that it will be a suitable rating for children. The movie will be announced on our Facebook page closer to the date along with the menu. Unfortunately we won't be able to cater for everyone's needs but we will endeavour to address the needs and wishes of the majority.
Please be aware that the school buildings - office and classrooms are out of bounds during this event. The kitchen will be open for those requiring a microwave or the likes.
Mr Faulkner

Staff development day term 2
We are rapidly approaching the end of term 1 so I thought I might go through some of the details of commencing term 2. All NSW public schools have staff development days at the beginning of terms 1, 2 and 3. We also have 2 staff development days after the children finish up in term 4. That will mean that although term 2 starts on Monday 20th April, all of our students will not commence school until Tuesday April 21st. All of the staff at Bedgerabong School will be attending a network professional learning activity in Forbes.

Zoo mobile
Recently we had some very special visitors to school - both human and others of the animal variety. Organised by Sally Russell from the Lake Cowal Education Centre, we were fortunate enough to receive a visit from the Taronga Mobile Zoo as part of their Central West tour. We were introduced to an energetic echidna, slimy snake, lovely lizard and fabulous frog. A great time was had listening to and singing with Col Hardy. He also introduced us to some traditional weapons and other utensils. Some of our boys also had a red hot crack at playing the didgeridoo. Mrs Faulkner

End of term Scripture service
There will be a combined end of term schools scripture service held at the Baptist Church in Forbes on Wednesday 1st April. We have been asked if any Bedgerabong students are interested in attending. In order for us to make arrangements if necessary, could you please confirm if you would like your child to attend? Mrs Wendy Darcy has offered the use of her bus free of charge and Melissa Brown has offered to supervise the children (dependent on numbers a teacher may be available).
If you are keen for your child to attend please email the school at bedgerabong-p.school@det.nsw.edu.au. Indicating your permission before Tuesday 24th March and I will then contact individuals with further details.
Last week the stage 3 children travelled with me to Jemalong Residential Village to entertain the residents by playing our marimbas. The kids were really well received and put on a great performance. I’d like to thank and congratulate the year 5-6 students on such a positive performance and being such good ambassadors for our school.

Mr Faulkner

Easter Hat Parade

The end of term is nearly here! We will be celebrating on Thursday 2nd April with an Easter Celebration. There will be an Easter hat parade starting at 10.30am, morning tea and some fun activities. Preschoolers are also invited to make a hat. Each class will be involved in the event. Please make a hat at home and bring to school. Contact the school if you have any further questions.

Mrs Corke.

New school structure

Thank you to everyone who had the time to attend last Monday’s P&C meeting. I was glad to have had the chance to discuss the reforms that are currently taking place in our education system and the mandatory training that I, as principal am required to attend. The current reforms are wide reaching addressing changes to and restructuring of financial and educational administration, teacher efficiency, national curriculum implementation, school management planning and student welfare and require explicit and at times immediate training. It was pleasing to see that most parents are sympathetic and understanding of the current climate of change in schools, and are supportive of our current school operations.

Magazines and Newspaper supplies

Thank you to the kind people who have contributed to our dwindling piles of magazines and newspapers. The storeroom is beginning to expand due to your generosity.

Mrs C.

Parenting Ideas

Parenting Ideas with Michael Grose: 12 essential coping strategies

Strategy 2: Don’t let it spoil everything

Help your child to park his or her bad thoughts somewhere

The ability to compartmentalize bad events and keep them from affecting all areas of life is a powerful coping skill. Resilient sports people have the ability to segment their lives and prevent disappointment from impacting on their sporting performance. Somehow they park their concerns for a time, and they revisit these issues when they choose.

Similarly, kids can be encouraged to park their difficulties for a time so that they can function normally and then revisit them when it suits. For instance, if something negative happens at recess at school they need to make sure that it doesn’t spoil their whole day. They need to think about something else when they are in class and revisit their issue later on.

This strategy requires kids to distract themselves, think about something else and focus on the job at hand. What to say: “Park your problems for a while.”
News from K-1

We have been reinforcing our understanding of groups and arrays by taking photos and placing our work into pic collage on our I-pads. The class has also been using body percussion to skip count by 2’s, 3’s, 5’s and 10’s. This week we will be sharing items into groups and highlighting equal and unequal groups. Every Tuesday Mrs Pitt joins us to assist with writing. Last week we concentrated on speech marks and exclamation marks from our farm animal theme – “Hens don’t crow!”

Great job everyone.

On Tuesday 24th March at 2pm we will be having the presentation of the family trees. This has been set as a home work task for the last few weeks. Don’t forget to start making your Easter hats for the parade.

Mrs Corke.

News from ‘the middle’

During the First World War, red poppies were among the first plants to spring up in the devastated battlefields of northern France and Belgium. In soldiers' folklore, the vivid red of the poppy came from the blood of their comrades soaking the ground. The sight of poppies on the battlefield at Ypres in 1915 moved Lieutenant Colonel John McCrae to write the poem In Flanders fields.

It was this poem that gave us the inspiration to paint our own poppy fields. The 100 year commemoration of ANZAC Day is fast approaching and it is important to reflect upon and remember those Australians who fought and died not just in the Gallipoli campaign but in all conflicts. Mrs Faulkner
Tootie Fruity
Tootie Fruity continued with the rice theme. The kids really seem to be enjoying eating rice. Mexican chicken was a real hit with the chooks going a little hungry that day - not too many leftovers.

Mexican Chicken
\[ \frac{1}{4} \text{ cup oil}, 1 \text{ kg chicken, diced, 1 onion, chopped, 2 cloves garlic, 3 tbs Mexican taco salsa, } \frac{1}{2} \text{ cup uncooked rice, } 1\frac{1}{2} \text{ cups chicken salt, } \frac{1}{2} \text{ tsp salt, pepper, 6 tomatoes, chopped, 1 eggplant, diced, 1 cup diced zucchini, } \frac{1}{2} \text{ cup chopped capsicum} \]

Heat the oil in a large frying pan over moderately high heat. Add the chicken and cook uncovered until browned.

Add onion, garlic, eggplant, zucchini, capsicum, tomatoes and salsa, and stir to mix.

Reduce the heat to moderate and cook, uncovered for 5 minutes.

Add the rice, chicken stock, salt and pepper and cook covered for 25 minutes or until rice is soft.

Creamed chicken and rice.

\[ 2 \text{ cups cream, 65g butter, 2 tbs corn flour, } \frac{1}{2} \text{ cup apple juice/cider, 2 tsp curry powder} \]

Method

Preheat the oven to 180°C.

Cook the chicken and remove from the pan.

Put the cream and butter into a saucepan over mod heat and bring to the boil.

In a small bowl, combine the corn flour and apple juice, and slowly add to the saucepan, stirring vigorously to prevent lumping.

Add the curry powder and salt, and cook until the sauce has boiled and thickened about 3 minutes. Add the grated carrot, chicken and beans stir and remove from the heat. Add shallots.

Cover the bottom of a buttered shallow casserole dish with the rice, and pour in the chicken mixture. Bake, uncovered, for 15 minutes. Mrs Horan

P&C News

Reminder that P&C subs are now due and so is student insurance. This insurance covers your child no matter what time of the day or whether they are at school or not. Subs are $2 per family and insurance is $5 per child. Please send in a clearly marked envelope so that it can be handed on to P&C.

Pie orders are due back on the 1st of April, there will be no late orders taken. If you need a new form then print one off from the previous newsletter.

P&C will be running a cake stall and donut stand at the Bedgerabong markets and chook sale on Sunday 12th April (middle weekend of the school holidays). If you can support this stall in any way please complete the form at the bottom and return to school. For more information about the cake stall contact Katy Brown 68571165.

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Bedgerabong Community Notice Board

Bedgerabong Bushfire Brigade
AGM meeting 8pm Monday 23rd at the hall. Contact Tom Brown 6857 1100.

Bedgerabong Show afternoon tea
Stacey Webb will represent Bedgerabong at the Royal Easter Show this year as our Miss Showgirl. An afternoon tea will be held to wish her all the best and let her know how much we are behind her in her quest. This afternoon tea will be held on Sunday 22nd April at 3.00pm at the Bedgerabong Hall. Ladies a plate please. All welcome.

Bedgerabong Show Meeting - AGM
Bedgerabong PA&H Assoc will hold their AGM on Thursday 26th March at 7.30pm at the Bedgerabong Hall. All welcome.

Bedgerabong Community Trust Meeting.
The next meeting of the Bedgerabong Community Trust will be on Monday 30th March 2015. Submission for funding from community groups will close on Monday 30th March at 3pm. Submission forms are available by contacting the school office.

Bedgerabong Memorial Church.
There will be a Good Friday Service held at the church on Good Friday April 3rd at 8.00am. All denominations welcome.

Bedgerabong Chook Auction and Market Day
Claiming the date - Sunday 12th April, in support of the Bedgerabong Show. See flyer

FORBES HOCKEY INC 2015 REGISTRATION DAYS
Registration days for both Junior and Senior hockey players will be held on Wednesday 1st and 22nd April from 5.00pm-6.00pm at the Town Tennis Courts. Junior players need to register on these days so teams can be made and a draw set up for the season. Seniors can nominate a team or register individually and be put into a team.
Juniors who wish to have a social game on the day please be there by 5.00pm. Registration forms will be available to fill out on the night and fees can be paid directly to the Treasurer. The competition will start on Wednesday 29th April and full fees need to be paid by the third game. Fees are still a very reasonable $55 for Juniors and $110 for Seniors. This covers the whole season and no other payments are required.
For further information please contact Melissa Dukes 0417801091

Yoorana Gunya Family Healing Centre
Free Baby and Kids Clinic 1st Thursday of the Month 10 am to 1 pm
NO APPOINTMENT NECESSARY JUST DROP IN AT YOORANA GUNYA FOR A CHAT
Blue book checks – including: 4 year old health check for Centrelink.
Chat about baby and kids feeding, sleep, toilet training, behaviour and many other topics
For more information contact: Yoorana Gunya on (02) 6850 1222

Disclaimer
As a service to the community, we will advertise events that may be of interest. Bedgerabong Public School does not endorse or sponsor the events and accepts no responsibility for the management or organisation of these events. Any items of community news can be forwarded to Bedgerabong School and will be included in the fortnightly newsletter distributed community wide.
FREAKY FACTS
Fact from the 1500’S: Most people got married in June, because they took their yearly bath in May and they still smelled pretty good by June. However, since they were starting to smell, brides carried a bouquet of flowers, to hide the body odour. Hence the custom today, of carrying a bouquet when getting married.

Giggle Spot
Q: Why did the birdie go to the hospital? A: To get a tweetment.
Q: What kind of button won’t unbutton? A: A bellybutton!

QUOTE OF THE WEEK
“Some of us learn from other people’s mistakes: the rest of us have to be the other people.” ~Anon

Happy Birthday to these recent and up coming party goers.
8 Mar Clinton G
23 Mar Clementine S
29 Mar Jack K
16 Mar Zac N
24 Mar Harrison C

Upcoming Dates for your Diary
19 Mar Lachlan PSSA soccer trials (Open)
19 Mar Lachlan PPSA League trials (11’s & open)
27 Mar Movie Night - supper 6.30pm
30 Mar Community Trust meeting
2 Apr Easter Hat parade /Last Day term 1
20 Apr Staff Development Day term 2
21 Apr Students resume term 2
25 Apr ANZAC Parade - Forbes

Mr Faulkner
18 March 2015

2015 school term dates
Term 1 28-1-15 - 2-4-15   Term 2 21-4-15 - 26-6-15
Term 3 14-7-15 - 18-9-15   Term 4  6-10-15 - 18-12-15