Running into term 2

Student of the Week
Mrs Corke’s class
Week 1 – Cooper N – consistent application in all areas

Mrs Faulkner’s class
Week 1 – Will C – working well in all areas.

Mr Faulkner’s class
Week 1 – by mutual decision no-one is SOTW

Reading Awards
25 nights – Zac N, Sari E, Clinton G.

Upcoming Dates for your Diary
27 Apr  P&C meeting 2.30pm
1 May  B’bong Cross Country
6 May  Netball gala Day
8 May  Small Schools Sports – Forbes PS
22 May  Lachlan PSSA x-country – Forbes
28 May  School Disco
3 June  Cowra Eisteddfod
10 June  Yr 5 camp – Burrendong
10 June  Western PSSA x-country
10 June  Marimba concert – Forbes Town Hall
26 June  Talent Quest
26 June  Last day term 2
Welcome back

It was great to see all of the kids back at school last week and to share all of the exciting stories and adventures that were had over the break. We certainly are lucky to have such happy and sharing students. Our staff attended a combined training activity for our staff development day along with teachers from Cowra, Grenfell, Condobolin, Parkes and Forbes. The course was developed and presented by Dr Kathy Perez, a world renown educationalist specialising in strategies to enhance student engagement and teacher practice, and we're really excited to put new practices into action. We've hit the ground running and are already into preparation for upcoming eisteddfods, public speaking events and sport days, have students representing our school at regional soccer and rugby league levels as well as heading into week 2 of our Tootie Fruity menu- so it looks like we're in for another busy term.

Please remember that we always strive towards providing the best opportunities for your children, the students and focus of our school, and can only assist you in resolving any issues you may have if we know about it. So please continue to feel free to call to make an appointment to speak to us if you have anything that you'd like to discuss.

Anzac March

Huge thanks to those families who were able to join us at the Anzac ceremony held in Forbes on Saturday. It was a wonderful representation from Bedgerabong School and a great opportunity for our students to understand the sacrifices of the past and to be able to continue to the tradition into the future.

Small Schools Sports

Our small schools sports day is coming up fast and on Friday 8th May we will meet up with our small schools friends at Forbes Public School to compete and have fun. The focus of our day is twofold- for all of our students K-6 to catch up and compete with other small schools kids in a variety of activities and we also have selection trials for students 8-13 to participate in the Lachlan Primary Schools Sports Association's (LPSSA) District athletics carnival. As with our swimming carnival, all students Kindi to year 6 participate and mums and dads are asked to transport or find transport for their kids to and from the event. A more detailed note will come home soon.

Cross-country

This will be held at school this Friday from 10.30am. Students from 8-13 years can participate for selection to compete at the LPSSA trials in May. 8 and 9 year olds compete together over 2000m, 10 year olds run 2000m, 11, 12/13 year olds run 3000m. We can select 3 entrants from each age group.

Hot food

Makes a return to our school for the cooler months. Monday will be hot food day. Pies - $4, Sausage Rolls - $3 and party pies - $2. Please send the order to school in a paper bag with the order and child’s name clearly on the front and money securely inside. Orders are received the Friday prior to hot food day, the basket will be in the wet area all week for the order bags to be placed in.

Morning reading helpers

We look forward to seeing all of the morning reading helpers who start this week. Thank you in advance. Mrs Corke
Notes on the website
As we have grown in student numbers so has the number of organised class and school activities along with associated notes. Quite often after notes are sent home they are misplaced along with the required information. To alleviate any concerns or confusion over school events, our teachers will now put a copy of any note sent home directly to the notes section of our school website. Be sure to refer to this if you happen to misplace any school notes. http://www.bedgerebon-p.schools.nsw.edu.au

Netball competition
On Wednesday May 6th, 10 Bedgerabong students will be competing in a netball carnival in Parkes. This all day event will see our team of senior girls compete against other schools in our local area. Thank you to Mrs Sweetland and Mrs Westley for your offer to assist with transport - much appreciated. More details will be sent home regarding the day when they become available to me. Best of luck girls. Mrs Faulkner

CWA Public Speaking
The CWA Public Speaking will occur on Tuesday 26th May in Parkes. There are limited numbers for each division/age group. Please be aware that I will make the final decision which entries are acceptable. Information will be sent home to any student who is interested. Please contact me if you have any further questions. Mrs Corke

News from K-1
Welcome back to term 2! K/1 has returned with smiling faces and many stories to tell about their holidays.
L3 groups started this week. Some of the groups used ‘sound phones’ to say their sight words while others used crayons to write their spelling words over some bumpy gauze. All of these sensory experiences are creating pathways of learning to the active minds in our class. Our learning continued in Maths when we played a fun game ‘First to thirty’. Partners had to throw a dice and collect base ten material until the winner reached the target of 30. It was also fun bundling paddle pop sticks and working out groups of 10. Mrs Corke

News from ‘the middle’
Welcome back to another term. I am excited about what we have in store and can’t wait to get stuck into it. Term 2 will be filled with lots of activities including NAPLAN, Bedgerabong Show preparation, athletics, cross-country and our annual disco - just to name a few. So here’s to a wonderful term ahead, both in and out of the classroom. Mrs Faulkner
**News from the Top**

After enjoying sharing several Morris Gleitzman stories last term, the overwhelming response was to continue enjoying his writing again in term 2. We’ve started with a series of short stories in a book called “Give Peas and Chance”, and hope to go on to read the follow up to “Belly Flop” called “Water Wings”. The National Assessment Program for Literacy and Numeracy-NAPLAN will greet us in a few weeks and we’ve spent a little bit of time discussing the purpose of the assessment with years 3 & 5 to ensure that they realise that the results are used by schools and teachers to identify areas for improvement in school practises and focus rather than judging individuals. Mr Faulkner

**Tootie Fruity**

Tootie Fruity for term 2 will focus on Italy as this is the country of study for the CWA. Some of the kids have already studied the food eaten in Italy and a discussion around this occurred on Wednesday. The term will consist of Pizza, risotto, baked stuffed polenta, gnocchi, sformato, minestrone and of course pasta several different ways. Also last week the little class made ANZAC biscuits just in time for ANZAC day. Thank you to those families that have paid for the term or even the year, remember it is much more cost effective if you pay the tootie fruity money for the term rather than by the week. Please call the school if you are having trouble paying the money and need to arrange for payment to be made at a later date. If paying by the week please send the money in by Tuesday to save confusion on Wednesday morning. For the weekly fee the children get to experience cooking a meal, learning about a different culture and eating with their peers in a restaurant type atmosphere. Mrs Horan

**New face**

Ms Anna Mraz has been replacing Ms Caroline Morris for 2 weeks due to Ms Morris being on leave. Thank you Ms Mraz. Mr Faulkner

**Parenting Ideas**

- Parenting Ideas with Michael Grose: 12 essential coping strategies
  - Strategy 4 Get some help

**Help your child talk about what’s bothering them**

A problem shared is a problem halved. Resilient people seek solace in the company of others when they experience difficulty. This is why social connection is such a strong preventative strategy for young people. The promotion of help-seeking behaviours is one of the best coping strategies we can promote. Even if kids don’t overtly talk about what’s bothering them, it can be immensely reassuring to spend time around others who are empathetic, understanding and willing to listen and help.

Some kids need help identifying who they can talk things through with – including friends, teachers and family members. It’s also helpful to talk about how they can go about asking for assistance. Sometimes kids want to talk to others but don’t know how to approach people so they bottle things up instead. Talk about the best way to open up dialogue with different groups of people.

This strategy requires kids to seek out friends, family and other adults who may be able to help them deal with their challenges.

**What to say:** “Who have you spoken to about this?” “Who can help you about this?”
Miles 4 Amanda

Amanda Acheson was diagnosed just over 12 months ago with Leukaemia and has been battling away from her family and friends for that long. A 24hr treadmill challenge to raise money to help Amanda and her family will be held on May 1st and 2nd. See flyer for more details.

SATURDAY EVENTS:
- Anytime Fitness Forbes Club Open Day
- Super Saturday Smash Out Session starts at 8am - $5.00 p.p
- Free gym workout 8am - 1pm
- Kids Entertainment
- Sausage Sizzle

For Treadmill time slot bookings for the challenge please contact Anytime Fitness Forbes:
PH: (02) 6851 5400

Disclaimer
As a service to the community, we will advertise events that may be of interest. Bedgerabong Public School does not endorse or sponsor the events and accepts no responsibility for the management or organisation of these events. Any items of community news can be forwarded to Bedgerabong School and will be included in the fortnightly newsletter distributed community wide.
FREAKY FACTS
A pair of leather shoes can supply enough nourishment for a person for a week.
There are villages in Papua New Guinea that are only a twenty-minute walk apart, but the villagers speak different languages.
Your tongue is the strongest muscle in your body.
Boanthropy is a disease that makes a person believe he is an ox.

Giggle Spot
Q: What do you give a dog with a fever? A: Mustard, its the best thing for a hot dog!
Q: Why do birds fly south for the winter? A: Its easier than walking!
Q: What kind of key opens a banana? A: A monkey!

QUOTE OF THE WEEK
“You see things and you say “Why?”, but I dream things that never were and I say “Why not?” – George Bernard Shaw

Happy Birthday to these recent and up coming party goers.

7 Apr    Lizzy S  9 Apr    Samantha N
16 Apr    Katie C  17 Apr    Julia C
  2 May    Dani K  3 May    Riley P
10 May    Lacey O 10 May    Karla O
12 May    Emily T 19 May    Jack J

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2015 school term dates
Term 1  28-1-15 - 2-4-15  Term 2  21-4-15 - 26-6-15
Term 3  14-7-15 - 18-9-15  Term 4  6-10-15 - 18-12-15

Being fair shows you care – FISH for life