Science wonders

Student of the Week
Mrs Corke’s class
Week 4 – Karla O – completing all set tasks and always willing to learn.
Week 5 – Lacey O – a positive attitude in all areas.

Mrs Faulkner’s class
Week 4 – James T – great subtraction work.
Week 5 – Zac N – working well in all areas.

Mr Faulkner’s class
Week 4 – Daniel S – great effort in writing.
Week 5 – Sari E – great attitude.

Reading Awards
25 nights – Chloe K, James T
50 nights – Melody O, Lacey O, Will M

Upcoming Dates for your Diary
28 May  School Disco
3 June  Cowra Eisteddfod
8 June  Queen’s b’day holiday
10 June  Yr 5 camp – Burrendong
10 June  Western PSSA x-country
10 June  Marimba concert – Forbes Town Hall
15 June  Forbes Eisteddfod
26 June  Talent Quest
26 June  Last day term 2
Finally a quiet (er) week

Wow- who would have thought that a school of 58 children could be so constantly busy? Well we are, and that is in no small part due to the dedication of our staff that work tirelessly to ensure that the kids of our school have access to as many quality experiences as they possibly can. You've only got to glance at recent newsletters and posts to our Facebook page to see the athletic, soccer, hospitality, musical, artistic, public speaking and social opportunities that our students experience. They don't just happen, they take hours upon hours of preparation and planning usually out of school time. Currently we are preparing items for the upcoming Cowra and Forbes Eisteddfods as well as entries for the Bedgerabong Show. All of this to enhance our student's learning experiences to encourage them to fulfil their full potential.

School Disco

Date is set, Hall is booked for a fun filled night. Thursday May 28 will see our students let their hair, crazy hair that is, down and enjoy a night of music, games and laughter.

Lachlan Cross Country Results

Last Friday the Lachlan PSSA Cross Country was held at the Forbes Jockey Club's Racecourse. The following students ranked a place: Will M(7), George M (7), Harrison C(4), Chloe K(7), Ryan P(4), Campbell R(7), Austen B(8), Laura P(2), Jessica C(5), Daryl G(5). Congratulations to all of our students who participated and represented Bedgerabong Public School proudly.

CWA Public Speaking

Sophie W, Harriet P, George M and Airlie B will represent Bedgerabong Public School at the CWA Oxley Public Speaking this week. All the best everyone!

Questacon

Today, Lee and Krysia from Questacon came to our school. We learnt about fluids and how aeroplanes fly. We did lots of experiments like seeing how carbon dioxide put the flame out on a candle. We also heard a story about Daniel Noble who discovered an ancient tree that could have been around for about 90 to 120 years that maybe dinosaurs ate. My favourite experiment was when Krysia had slime. She got Harriet to go up the front and quickly punch the slime. Then Mrs Isbester went up the front and punched it slowly when she took her hand out the slime stuck to her. Krysia also asked her to put her hand in and try and take her hand away as fast as she could. Mrs Isbester's hand came out slowly and very gooey, because the slime hardens with quick movements and pressure. The last thing we did was watch Lee pump air into a coke bottle, once the bottle had filled up with air it shot up into the air. It was really fun. Lee and Krysia had great experiments and Melody, Laura, Harriet, Clinton, Dani, Ryan, Julia and Will M even got to help. The best part was that we got FREE TICKETS TO GO TO THE QUESTACON SHOW IN PARKES. By Sophie
**K-1 News**

L3 groups are a major focus in the K-1 morning literacy session. The program is now being supported by Mrs Audrey Brown from Molong Central School. We look forward to her visiting our classroom next week and providing our school with ongoing support in 2015.

During sport on Friday K-1 used hand-eye coordination to catch bean bags from the rebounder and also to bounce and catch from the wall. We concluded the afternoon with a game of poison ball. Great throwing and catching everyone!

**News from ‘The Middle’**

Last week while our year two’s were busy rehearsing for the upcoming Forbes Eisteddfod with the K/1 class, the rest of the children got serious with some intricate art work. The kid’s works are looking great, and they have been giving their fine motor skills a really good workout at the same time.
News from ‘The Top’
These kids rule – over times tables in our class. We are now proud to boast 3 Times Tables Masters that have conquered all of the 2-12 times tables. The importance of basic numbers facts is sometimes overlooked, but in our class we are working hard to ensure that the times tables along with basic addition and subtraction doesn’t get in the way of our problem solving. Congratulations to these Masters and to all of the other Year 5-6 students on all of the hard work they are putting in. You can only get out what you put in! Go kids!

Michael Grose- Parenting Strategies
Strategy 6- “See the silver lining”
Help your child to look on the bright side of any situation. Optimistic people are able to find positive aspects in negative situations, no matter how small. This encourages people to feel like they have some control over situations and is the beginning of experiencing hope. Help your kids see some of life’s minor hardships as learning experiences. I am not suggesting you want bad things to happen. You wish they didn’t happen but make the best of things when they do. Here are a few positive spins that you can find in most HFD’s:
✔✔ Learning something to prevent it happening next time: “You may have been unsuccessful this time but you know what to do next time.”
✔✔ Positive spin-off: “It may have been a boring party but you did meet a new friend, which is great.”
✔✔ Learning about yourself: “Maybe football, rather than cricket, is more your bag.”
✔✔ It’s just this! Avoidance of something more unpleasant: “You may have wrecked your skateboard but at least you didn’t get hurt and end up in hospital.”
This strategy requires kids to change their way of thinking and consciously look for a positive aspect. What to say: “Look on the bright side.” “What can you learn from this?”

Talent Quest
Friday 26 June will see our kids perform plays, gymnastics and songs all in the aid of ‘Play’. Parent, grandparents, friends and associates are all invited to attend and enjoy the talents our kids have to offer. The day will begin at 11.00am and finish with a BBQ lunch. Final organisations will be in the newsletter in Week 10.

P&C News
P&C will be hosting a BBQ and donut/cake stall at Forbes Bunnings on Saturday 13th June commencing at 8am and finishing at 2pm. Helpers are needed to cook and man the BBQ and supply cakes and man the cake stall. Donations of cakes and/or ingredients are needed. If you cannot bake goods then donations of flour, eggs, sugar etc would be gratefully received and will be distributed for people to bake the goods. Please send these donations to school in time to be able to be used to bake goods for the stall. A roster will sent out in the next newsletter.
**Tootie Fruity**

Italian - Week 4 we made Sformato – similar to our potato bake. The kids really enjoyed this dish as they did the Spaghetti pizza. The spaghetti pizza the kids even made their own dough.

**Sformato with ham and cheese.**  13.05.15

**INGREDIENTS**

2kg potatoes, 500 g fresh Parmigiano (fresh Parmigiano is mild and firm, but not crumbly; you could substitute a mild fontina or even a mild cheddar for it), 1 ½ cups milk, 200 g lean ham, in a single slice, 2/3 cup unsalted butter, 5 tablespoon breadcrumbs, Salt and pepper

**PREPARATION**

Wash the potatoes and boil them until done in salted water. Dice the ham. Butter a high-sided 7-inch pot, dust it with bread crumbs, and turn it over to let the excess fall free. When the potatoes are done peel them and let them cool, then cut them into finger-thick slices. Melt all but a tablespoon of the butter over a very low flame. Finely slice the cheese. When everything is ready, put a layer of potatoes in the bottom of the pot, overlapping them slightly. Brush them with melted butter, then cover them with some of the cheese and some of the ham, and continue until all is used up, finishing with a potato layer. Pour the milk over all and dot the top of the sformato with the remaining butter. Bake the sformato in a preheated 360 F (180 C) oven for about a half hour, or until the top is nicely browned. Unmold it and serve it at once.

**Spaghetti Pizza**  20.05.15

**Pizza Base**

150ml warm water, 2 tsp honey, 1 sachet (7g) dried yeast, 250g flour, pinch of salt

**Topping**

200g grated mozzarella cheese, 420g can HEINZ Spaghetti in Tomato Sauce, 100g Virginia ham, shaved, 200g mushroom, sliced, ½ red capsicum, sliced, Fresh basil leaves, optional

Preheat oven to 220°C. Prepare pizza dough by whisking honey and yeast into the warm water. Sift flour and salt together into the bowl of a stand mixer fitted with a dough hook, or into a large bowl. Add the liquid and mix to form a smooth dough. Adjust the consistency of dough by adding extra warm water if it’s too dry.

Knead dough for a minute or so, until smooth and elastic.

Turn out onto a lightly floured surface and set aside to relax the dough for 5 minutes whilst you prepare the topping ingredients and generously oil a large baking tray.

Roll the dough to a large oblong shape to fit the baking tray and transfer onto the baking tray. Sprinkle dough with half the mozzarella and top with spaghetti. Add shaved ham, sliced capsicum and sliced tomato and finish with the remaining mozzarella cheese. Bake pizza in a hot oven for 10–15 minutes until golden brown. Sprinkle with fresh basil leaves if desired and serve hot from the oven.

Mrs Horan

**Bedgerabong Community Notice Board**

**Australia’s Biggest Morning Tea**

Bedgerabong will be holding their Biggest Morning Tea on 28th May at 10.30 at the Bedgerabong Hall. Everyone is invited to attend – bring a plate to share sweet/savoury. For more information contact Maureen Smart 68572152

**Bedgerabong Pig Show and Auction**

Bedgerabong Show Society with the Support of the Australian Pig breeders Association are organising a youth pig show on June 11 at the Bedgerabong Showground. Many aspects of a pig will be explained and the students will go through the fundamentals of show enter pig style. The Australian Pig breeders will be holding a stud sale on Friday at 11am at the showgrounds. Friday will also see a Sabor Al demonstration and information session. For more info phone Anne Eamey 0427 808 158 or Richard Cole 6857 2120.

**Shell Questacon Science Circus**

Parkes Leagues Club 192 Clarinda St, PARKES Tuesday 26 May. 5 – 8pm Adult $6, Student $5, family $18. Children under 5 Free. Children under 12 must be accompanied by an adult.
**FREAKY FACTS**
Your right lung takes in more air than your left lung.
Albert Einstein never wore socks.
Thomas Edison was afraid of the dark.
Glass is made from sand.
Glass, which looks like a solid, is actually very slow moving liquid.

**Giggle Spot**
Q: Where did the computer go to dance?  A: To a disc-o.
Q: What do you call someone who is afraid of Santa?  A: A Clausterphobic
Q: What sound do porcupines make when they kiss?  A: Ouch

**QUOTE OF THE WEEK**
“Happiness is not the absence of problems, it’s the ability to deal with them.” – Anon

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**Happy Birthday to these recent and up coming party goers.**

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<th>Date</th>
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<tr>
<td>10 May</td>
<td>Lacey O</td>
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<td>14 Jun</td>
<td>Annabelle H</td>
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<td>10 May</td>
<td>Karla O</td>
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<td>Jack J</td>
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2015 school term dates

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<tr>
<th>Term 1</th>
<th>28-1-15 - 2-4-15</th>
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<td>6-10-15 - 18-12-15</td>
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Being fair shows you care – FISH for life