Countdown to talent show

Student of the Week

Mrs Corke’s class
Week 8 - Bridie H – working hard in class
Week 9 - Madison B – an amazing work ethic

Mrs Faulkner’s class
Week 8 - Will M – being helpful in the classroom
Week 9 - Clinton G – putting his technology skills to good use – helping others

Mr Faulkner’s class
Week 8 - Grace H – positive attitude and work ethic
Week 9 - Harriet P – always going above and beyond

Reading Awards

50 nights - Ryan P
75 nights - Samantha N, Annabelle H, Harrison C, Bridie H

Upcoming Dates for your Diary

23 June  Tootie Fruity
24 June  Soccer - Forbes
26 June  Talent Quest
26 June  Last day term 2
13 July  Staff Development Day
14 July  Students return for term 3
15/16 July  Life education van
25 July  P&C working bee
31 July  Lachlan Athletics - Parkes
3 Aug   Dad’s in school day
28 Aug   Western Athletics
31 Aug - 2 Sept  Bathurst excursion
Western Region Cross Country
Recently a group of 5 Bedgerabong Students travelled to Guerie to participate in the Western PSSA Cross Country. The group consisted of Harrison C, Ryan P, Daryl G, Laura P and Jessica C. It was the first time at such an event for everyone but Ryan, but everyone agreed that it was a hard and challenging event and if they had their time again, they would have tried to train harder beforehand. Having said that, I am very proud to say that all of the children represented our school to a very high standard, not just in their efforts on the day but in their behaviour and attitude. As we try to do for all of our students who make a regional carnival, these children were presented with their Western hoodies to thank and congratulate them. Just couldn’t keep the big kid at the back out of the photo.

Confidentiality at School
We pride ourselves on being an open and welcoming school. We are certainly very grateful for the support that we get from mums, dads, grandparents, family and friends as volunteers for reading, cooking etc, etc and will make every effort to continue to build on these relationships. Just a quick word that in our school, particularly in the Administration building, is a host of information relating to student achievement, individual family details, personal staff documents and our schools finances. I’m sure that all of our school families would appreciate the personal and confidential nature of this information and appreciate us keeping that information confidential. You would be aware that the office is not always attended as myself or Mrs Horan are often working with the students in other areas of the school. Mrs Horan’s position in our school is not always full time and we utilise her skills in working with students on a regular basis. This means that our office is not always attended. It would be very much appreciated by the school staff and by the families of students with confidential information, if when the office is unattended, that this is respected by remaining out of the admin office building. For those of you that are aware and do use our sign in/out register please note that it has been moved to the classroom area as that area is constantly occupied. Of course we also request the same consideration of our classrooms. Thank you for your understanding and cooperation.

Talent Quest
The annual talent quest at Bedgerabong Public School is a show that you cannot miss! Everyone has been practising and everyone will be guaranteed a smile on the day. The show starts on Friday 26th June at 11am and will conclude with a barbeque lunch. All children are asked to bring in their music and clothes ASAP. Thank you, Mrs C.

Healthy Harold
Please return all Life Education van permission notes and money to school before the end of the term. The notes are also available on the website. Healthy Harold will be at school in the first week of term 3. Thank you to those families who have already sent in their notes and have indicated that they will be attending on the day.

Home readers
Home reading will conclude this week. All home readers and reading record booklets will be due at school on Wednesday 24th June. Thank you Mrs C.
Radiant and Remarkable musicians at the Forbes Eisteddfod

“Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything.” - Plato

Our student’s musical talents came to the fore last week during this year’s Forbes Eisteddfod. Their results can only be attributed to the hard work and hours of practice by the students, the never ending encouragement of parents and family members and the expert tutelage and guidance of our school’s music staff- Mrs Hammond and Mrs Isbester. Congratulations to all involved. The K-2 group performed ‘Tubby Sub’ in the infant’s percussion. They were well prepared and demonstrated good listening skills. Each group watched closely and looked at the conductor for their entries. There was a lot of concentrating and cooperation evident in the performance. The performance received a highly commended for their efforts.

The tuned percussion group performed ‘La Bamba’. The well disciplined group used good aural skills and musicianship. The group presented a balance between the melody and the accompaniment. This was all performed with amazing team work. The group received an adjudication of 94 points and a first place.

The recorder ensemble performed next with the piece ‘Tango de la Mere’. The group had a good tempo and kept together well. The contrasting timbres of the recorder family added harmony and interest to the performance. The group performed very well and received an adjudication of 92 points and won their section.

The instrumental ensemble had two Bedgerabong competitors. The ‘Waters of Babylon’ receiving first place with an adjudication of 93 points and ‘Antigravity’ gaining a highly commended with 92 points both had high energy in their performances and were professionally competent.

Finally, the primary percussion group performed ‘Jazzy Jive’ with great energy and verve. The piece was performed with great confidence and enjoyment by all of the members of the ensemble. The group received a highly commended with 92 points.

Thank you to the students for their exemplary behaviour and for having such positive attitudes on the day.

Morning Readers

Thank you to our morning reading helpers. We appreciate all of your help this term and look forward to your continued support in term 3 starting in week 2. Thank you, Mrs C.

Dad’s day August 3.

Due to the success of last year’s Dad’s in School day, August 3rd has been set aside for the 2015 Dad’s in school day. A day filled with involving dads/granddads in school.

Absences

Regular absences require explanation from a parent/guardian as to the reason for the absence. If your child is absent from school for any reason, please send a note explaining your child’s absence to his/her teacher on return to school. If your child arrives late to school or is leaving early from school, you will need to sign your child in or out from school.
**K-1 News**

Congratulations to our K-2 group who performed ‘Tubby Sub’ at the Eisteddfod last week. A special thanks to Mrs Isbester and her amazing musical skills this semester. We have learnt so many skills and have developed a deeper understanding of music.

The Talent Quest is our next major event and we are really looking forward to watching the many talents. The girls who are part of ‘Frozen’ need to wear a princess dress or skirt (dress up) and the boys who are part of ‘Old time rock and roll’ will need to wear jeans, white t-shirt, maybe a denim jacket and have some gel in their hair. If you have any questions or difficulty getting these items please let me know. Mrs C.

Here are some photos of what has been happening in our class.

Mr Horan fixing our door  
Show art in action  
Sharing a book outside

**News from ‘the middle’**

We have had some interesting lessons in the middle class over the past few weeks. Our latest craze at the moment is Nearpod. Nearpod is a collaborative and presentation app that allows the teacher to share lessons with the class via iPads and computers simultaneously. So far we have had lessons on general knowledge, fractions and our class book – Rotten School. Mrs Avitar (so named by the class) has been stepping in for Mrs Faulkner sometimes. Lately she has been taking the class roll. Finally we’ve been having some 3D digital fun. Augmented Reality works via digital coding. A code is embedded in the picture. The 3D image is triggered via a code detecting app.
News from the Library
Our create-a-book competition came to a close last week, and I have had many fantastic entries from students in Kindergarten to Year 6. They really showed off their creativity and writing talents, as well as some wacky humour! The winner of the competition was Sophie W with her story ‘The Very Hairy Barber’, which was a lovely story about self-acceptance. All of the books are on display in the library, and I encourage all of the students to come and check out their peers’ hard work.
Also, any students who still have library books at home need to bring them in to school as soon as possible so they can be returned to the library before the holidays begin - Miss Rees.

Maths with Miss Rees
Over the last two weeks both the ‘middle’ and ‘top’ class have been working on developing their mapping and position skills. Students practiced their talking and listening skills by creating routes and paths on maps and giving directions to their partners so they could follow the same route. The students tried really hard to use specific directional language, so their partners didn’t go ‘off track’ and get lost, which required a lot of concentration and hard work.

P&C News
P&C hosted a BBQ and donut/cake stall at Forbes Bunnings on Saturday 13th June. This venture proved to be a very profitable exercise. A huge thank you to those that helped on the day and/or sent items for sale. Donuts seemed very popular as did the sausage sangas.

Michael Grose- Parenting Strategies
Strategy 7- Hang in there
Help your child understand that ‘This too shall pass’!
‘Hanging in there until things improve’ is an under-estimated coping skill. It is related to the notions of normalising, perseverance and acceptance of the situation.
Help kids understand that most situations will improve or at least don’t seem as bad after a time. This is particularly helpful when kids experience change of circumstances (such as starting secondary school) and loss (such as a best friend moving away).
This strategy requires kids to tough it out and needs to be combined with getting away from things and getting some help.
What to say: “Hang tough!” “This too shall pass!”
**Lasagna**  
**Servings:** 12  
**10.06.15**

**Ingredients**
- 900g lean ground beef
- 1 large onion, chopped
- 2-3 garlic cloves, minced
- pinch salt (or to taste)
- fresh coarse ground black pepper (or to taste)
- 1 tsp dried parsley flakes
- 1 tsp dried oregano
- 1 tsp dried basil
- 2 cans whole tomatoes, undrained and chopped (or canned chopped tomatoes)
- 2 can tomato paste
- 680g béchamel sauce
- 2 tbs parsley
- 200 g mozzarella cheese, divided
- 12-15 lasagna sheets

**Directions**
1. Brown ground beef, onion and garlic. Add salt, pepper, parsley, oregano, basil, chopped tomatoes with juice, and tomato paste; stirring until well mixed. Cover and simmer 1 hour.
2. Spray a 13 x 9" baking pan with cooking spray.
3. Béchamel Sauce
   - 4 tbs plain flour
   - 4 tbs butter
   - 4 cups milk
   - Pinch nutmeg
   - 200g mozzarella
   - 120g grated parmesan cheese
4. Melt butter, add flour and cook till ball like. Add milk a small amount at a time mixing well between pours. Add nutmeg, parsley, parmesan and mozzarella.
5. In a lasagna pan, layer noodles, meat sauce, and cheese mixture; repeat. Top off with layer of noodles; sprinkle evenly with remaining mozzarella cheese; make sure to cover noodles completely. Bake at 375F for 40-60 minutes, or until cheese mixture is thoroughly melted. Let sit for 15-20 minutes before cutting and serving.

**Bolognese Sauce, Sugo Alla Bolognese. 17.06.15**

**Ingredients**
- 1kg ground beef
- 1 1/2 tablespoons olive oil
- 1 medium-sized onion, minced
- 2 carrot, minced
- 2 stalk of celery, minced
- 1 cup cider
- 2 cups bolognaise sauce
- 1 cup crushed tomatoes
- A pinch of salt
- 1kg pasta

**PREPARATION**
1. Add oil to pan and cook onion. When the onion is golden, add the ground meat and continue cooking till it's browned. Stir in the cider, carrots and celery and let the sauce simmer till the cider has evaporated, then add the tomatoes, and bottled sauce, and check the seasoning.
2. Continue simmering over a very low flame, stirring occasionally, and adding broth if the mix looks like it's drying out. The mix will improve steadily as it cooks, and if you have the time simmer it longer - When it is done it should be rich and thick. Cook pasta according to directions.

**Apple Muffins**

**WET:**
- 1 cup milk
- 1 tbs vinegar
- 1/4 cup unsweetened applesauce
- 1/4 cup oil

**DRY:**
- 2 cups all-purpose flour
- 3/4 cup white sugar
- 1 tbs baking powder
- 1/4 tsp salt
- 1/4 tsp cinnamon

**PROCEDURE:** Preheat oven to 350F/180C for 15 minutes. Lightly grease a 24 cups mini muffin tin or line it with paper liners. In a medium size bowl mix wet together the milk and vinegar set aside for about 5 minutes. In a large bowl, whisk together the dry ingredients and apple and make a well in the centre. Pour the wet ingredients into the flour mix and stir until just combined. Do not over mix. Scoop out about a tablespoon of batter in each muffin cup. Bake for about 10-12 minutes or until a toothpick inserted in the centre of a muffin comes out clean. Mine was done in 10 minutes. Mrs Horan
**FREAKY FACTS**

Lobsters can regenerate their legs, claws and antennae if these parts are pulled off by a predator.
Chimpanzees use tools more than any other animal, except humans.
An electric eel can produce a shock of 600 volts. That’s enough to knock a horse off its feet.

**Giggle Spot**

Q: What stays in the corner and travels all over the world?  
A: A stamp

Q: Why do fish live in salt water?  
A: Because pepper makes them sneeze!

Q: What three candies can you find in every school?  
A: Nerds, DumDums, and smarties.

**QUOTE OF THE WEEK**

“Walking with a friend in the dark is better than walking alone in the light.” – Helen Kellar

**Happy Birthday to these recent and up coming party goers.**

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<thead>
<tr>
<th>Date</th>
<th>Name</th>
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<tbody>
<tr>
<td>6 July</td>
<td>Jasmine P</td>
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<tr>
<td>8 July</td>
<td>Jay-T G</td>
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<tr>
<td>17 July</td>
<td>Patrick B</td>
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<tr>
<td>7 July</td>
<td>Grace H</td>
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<tr>
<td>13 July</td>
<td>Madison B</td>
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<tr>
<td>31 July</td>
<td>Bridie H</td>
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**2015 school term dates**

<table>
<thead>
<tr>
<th>Term</th>
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<tbody>
<tr>
<td>Term 1</td>
<td>28-1-15 - 2-4-15</td>
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<tr>
<td>Term 2</td>
<td>21-4-15 - 26-6-15</td>
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<td>Term 3</td>
<td>14-7-15 - 18-9-15</td>
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<tr>
<td>Term 4</td>
<td>6-10-15 - 18-12-15</td>
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Being fair shows you care – FISH for life
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